

# OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA

President: Peter Shaw

Executive Committee Meeting held at Bicester Leisure Centre on Tuesday 24<sup>th</sup> January 2017

Present: P.Shaw , I.Powell , J.Murphy , M.Fuller , S.Wrenn , W.Patrick , & reps from Aylesbury , City of Oxford , Maxwell , Newport Pagnell , Wantage and Witney Synchro. Also present: H.Mack (RCDO)

Apologies: S-A Clavaud , H.Patrick , C.Jones , O.Stockland (Ayl ) , M.Powell (Bic ) , T.Ashley-Sparks (Bic ).

37.0 Minutes of the Executive Meeting held on 22<sup>nd</sup> November 2016 were approved and signed.

38.0 Matters arising from Item 37.0 : None

39.0 Correspondence: None

40.0 President's Report  
Peter Shaw presented his Report which is attached.

41.0 Treasurer's Report  
Ian Powell presented his Report which is attached.

42.0 Disciplines

- Swimming : Ian Powell presented his Report which is attached.
- Fixtures: Jo Murphy presented her Report which is attached. Please note that the dates of the 2 Development Days should read September 17<sup>th</sup> and October 15<sup>th</sup>.
- Records: Peter Shaw presented 1 LC Claim and 15 SC Claims which are attached.
- Synchro: Mandy Fuller presented her Report which is attached. A letter of congratulations has been sent to Laura Turberville on her selection for the England Development Squad.
- Masters: No one in post so no Report.
- Disability: No Report received.
- Masters Records: None received.
- Facilities: It was reported that there have been issues with the Pool floor at Aqua Vale.
- Officials: PS presented Chris Jones's Report in his absence which is attached.

43.0 Coach Education

The appointment of Ally Brewer as our Coach Education Officer was confirmed. PS , AB & Helen Mack met on Jan 10<sup>th</sup> to finalise details for the Coach Education Programme and there will be a Level 1 Coaching Course in March , a further Level 1 in June/July and a Level

2 course in September/October. The selection of which Club's candidates will be based on the order of Applications received by Ally from Clubs and the utilising of Regional Bursaries unused by Clubs In 2016/17. The remainder of Level 1 candidates should be accommodated on the June course.

\*\* AB sent out final info on 27<sup>th</sup> January after a delay sourcing a Tutor.

#### 44.0 Funding Applications

1. Our County Synchro Secretary applied for funding to assist the costs and accommodation for Laura Turbeville on her England Development Squad and for 4 other Synchro Athletes on the Regional Beacon squad as they have to pay to attend. This was agreed.

2. Simon Barber , Chair Aylesbury and District SC , requested £5000 towards the replacement of the starting blocks and associated electronics at Aqua Vale as part of the total sum of £32000 fund raising that has now been successfully completed. This has been an extraordinary accomplishment and will assist an enormous number of speed swimmers in the years to come. This was agreed.

3. Aylesbury & District requested £257.50 for the renewal of their Hy-Tek licence. This was agreed.

#### 45.0 ASA South East Region

Helen Mack presented her Report which is attached.

#### 46.0 AOB

1. As agreed in January 2016 PS is in process of amending the Constitution to reflect the previously agreed, replacement of the President's role with an Executive Chairman , with the President , in future , being purely a ceremonial role. It is hoped that this will be completed in time to allow a Special General Meeting to be held prior to the March Executive to formally adopt the amendments. The changes, if accepted, would then take effect at the AGM in July.

2. Christine Rennie and PS have been in discussion since mid-October regarding her taking over as Secretary at the AGM in July , subject to the agreement of the AGM.

3. Oliver Stockland and IP have been in discussion about the role of Swimming Champs Secretary with Oliver shadowing Ian in the lead up to the Counties. The intention is for Oliver to take over from Ian as Swimming Champs Secretary at the AGM in July , subject to the agreement of the AGM.

4. PS stated that the website is not fit for purpose and needs a complete overhaul / redesign and requested agreement for an unknown but limited amount of expenditure.

5. Sandra Wrenn mentioned re URGENT requirement for Volunteer's names for Main County weekends.

6. IP announced this year's Charity recipient of the proceeds from ONB swim hats and the Finals programmes sales will be Thames Valley Air Ambulance.

The Meeting closed.

Next Meeting on Tuesday 14<sup>th</sup> March at Bicester Leisure Centre Creche at 7pm.

The County Championship Distance Events commenced at The Leys , Oxford on the 8<sup>th</sup> and at Aqua Vale on the 15<sup>th</sup> January. The Leys is a quick pool and a welcome addition and such a pity that it can't accommodate a Main Weekend. It is also a great pity that some swimmer's coaches choose to swim their charges elsewhere than at the County Distance events but with the Counties being pushed back to Jan/Feb and the demands of qualifying for upcoming Long Course events it is understandable.

We await with interest for the ASA, in the not too distant future, to stipulate Long Course swimming for the County Championships!

The Main Weekends of the Championships commence at Aqua Vale on February 4<sup>th</sup> and I hope that all swimmers and everyone else involved have a very successful and enjoyable event.

Peter Shaw

## Treasurers Report 24-01-2017

### Exec Income and Spending Between 22/11/2016 and 24/01/2017

<u>Income Categories</u>	<u>Total</u>
Championships Income	
Admission Entries	£597.00
Age Group Entries-Individual	£21,399.50
Age Group Entries-Relays	£1,512.50
Age Groups Coaches Passes	£964.75
Investment Income	
Bank Interest	£4.53
Swimwear	£10.00
<b>Total Income Categories</b>	<b>£24,488.28</b>

<u>Expense Categories</u>	
Championships	
Catering	£530.00
Expenses_Officials	£24.30
Hire Charges - Pool	£960.00
Memorabilia	£1,004.34
Stationary	£543.30
Sundry	£35.60
Trophies	£4,299.12
Hire Charges	
Room Hire - Officials Courses	£58.50
IT	
Equipment	£513.92
Total IT	£513.92
Miscellaneous	
Miscellaneous	-£24.00
Sundry	
Gifts	£60.00
<b>Total Expense Categories</b>	<b>£8,005.08</b>

Grand Total = £16,483.20

**Exec Net Worth**  
**As of 24/01/2017**

<b><u>Bank and Cash Accounts</u></b>	<b>Total</b>
Cash - Competition A/C	£2,719.50
Cash - General A/C	£0.00
Competition Account	£16,773.96
Creditors Account	<b>-£2,573.93</b>
Debtors Account	£0.00
General Account	£1,044.75
High Interest Business Account	£29,626.49
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<b>Net Worth =</b>	<b><u>£47,590.77</u></b>

Ian Powell  
Treasurer, Oxon & North Bucks ASA

# Swimming Secretary Report 24/01/2017

The Long distance events have now been completed and ran really smoothly. The Leys pool at Oxford proved a great success and I sure the swimmers benefited from swimming in a superior pool that what we have previously had at Bletchley for the 1500m.

A big thank you to all the volunteers and officials that helped out at Oxford and Aqua Vale.

Please note, that access to Aqua Vale for the Main Championships for the main championships is as follows:

- Swimmers & Coaches will gain access to the changing village via the turn styles where the public normally can access
- Spectators will gain access through the normal route once the spin class has been finished and all spin bikes have been moved to one end. When the front desk has been set up spectators will be allowed in, this is anticipated to be around 8am.
- I am sorry for any inconvenience but it is out of my control.

I have been advised by the centre management that swimmers doing stretching are not allowed to use the shower area or the First aid corridor. Coaches can I ask that you ensure that all your swimmers are aware of this. I appreciate that this is not an ideal situation, I hope to see the ops manager to discuss possible solutions.

I will be e mail out to all club secretaries and coaches re the access and stretching.

Ian Powell

Swimming Secretary  
Oxon & North Bucks County ASA

Fixture's Secretary 's Report January 24<sup>th</sup> 2017

A brief one this month.

Head Coach/Development Days Stoke Mandeville Sept/Oct 2017:

I have provisionally booked 2 dates for a repeat of the 2 Development days we had in 2016.

They are September 17<sup>th</sup> and October 15<sup>th</sup>. (Arena league is 14<sup>th</sup> October).

The same format and same selection criteria will be applied.

Inter counties October 7/8<sup>th</sup> 2017.

Hotel, coach and Loughborough pool are booked. Andy and Chantal will be our TMs again.

To add to the ONB development programme, I will be looking to book long course days (2 x 2hr sessions) again for pre Summer Nationals.

*(Jo Murphy 21/1/17)*



# RECORD CLAIMS

24<sup>th</sup> January 2017

## MALE

### Long Course

Open

100 Breast Austin, Texas	David Murphy	City of Oxford	1.01.65	15/01/17
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### Short Course

Junior

100 Free Wycombe	Billy Martin	Maxwell	52.30	15/10/16
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200 Free Guildford	Billy Martin	Maxwell	1.52.87	20/11/16
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50 Breast Sheffield	Callum Smart	City of Oxford	28.83	17/12/16
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100 Breast Sheffield	Callum Smart	City of Oxford	1.02.47	15/12/16
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200 Breast Sheffield	Callum Smart	City of Oxford	2.14.15	18/12/16
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Junior & Open

800 Free Sheffield	Max Murphy	City of Milton Keynes	8.12.41	17/12/16
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1500 Free Sheffield	Max Murphy	City of Milton Keynes	15.26.65	17/12/6
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Open

100 Breast Toronto	David Murphy	City of Oxford	58.98	16/12/16
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200 IM 10/12/16	David Murphy	City of Oxford Wycombe	2.00.59	
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## **FEMALE**

### **Short Course**

Junior

100 Back Sheffield	Lucy Farmer	City of Milton Keynes	1.02.19	15/12/16
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50 Fly Sheffield	Lucy Farmer	City of Milton Keynes	28.09	16/12/16
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4 x 50 Free Wycombe	City of Oxford		1.50.14	10/12/16
	( Georgina Butler , Emily Ford , Emilia Chen , Delphine Little )			

4 x 50 Medley Wycombe	City of Oxford		2.00.09	10/12/16
	Mimi Morley Iszatt , Tasha Fenton , Emily Ford , Georgina Butler )			

## County Synchro Report

### January 2017

Since the last report both Clubs in the county attended the National Age Group Championships held at Gloucester in December.

The event was held over 3 days with entries being up by 50% overall on 2015. This led to 415 individual entries in the competitive figures and 67 Recreational Combination Team entries and 33 competitive Free Team entries –as well as Solos and Duets. Steve Fuller was Referee for the whole event and Judges attended from Witney and Henley.

Swimmers from Henley and Witney entered the figure sections on the Friday and both Clubs entered Combination Teams. The full results are attached.

Henley were the only entrants in the 13/14 years mixed duet section and so became the first winners of the National Mixed Duet Award. There were 4 other mixed duets in the 12 & under section and the inclusion of male athletes led to some highly animated judge's discussions behind the scenes. Although this is the way forward at all levels in synchro.

Congratulations should go to Laura Turberville (13) from Witney who qualified for England Trials the weekend after the Competition. After the trials Laura was selected to the England Talent Synchronised Swimming Development Squad 2016/2017.

Congratulations should also go to Emma Johns, Kata Soros and Katherine Stevenson from Witney who were selected to the Reading Area Beacon Squad. I believe that Lucy Jones from Henley may also have been selected to this squad but I haven't had that confirmed.

The weekend was extremely tiring but without major traumas and all the athletes enjoyed the event.

Unfortunately due to the newly formatted Competition Strategy the National Age groups will now take on a different format and only competitive athletes will be able to attend. There will also be the introduction of a new event –the Combo Cup open for all Clubs to enter – this will take place in July. The new competition strategy has been promoted in outline but unfortunately as of yet with no specific details.

This has come alongside an extensive change in the Synchronised swimming grade structure which will require a lot of upskilling for officials throughout the country – the first opportunity for the new grades to be taken will be in May.

It has also yet to be seen how the 2017 Fina changes due in July will effect these strategies. Generally most feel it would have been better to wait until 2018 to start the changes.

Henley, Witney, Reading and Electric Eels Synchro Clubs have been meeting together to discuss becoming a Swim 21 Network group.

Coaches have also attended the first of 4 seminars delivered by Paola Basso, a renowned Italian Synchro Coach, who is working with the England Squad.

This is a difficult time for Synchro with all the changes and uncertainties presented, while coaches have to deliver programmes to their athletes to be ready for the unknown in 2017. Everyone loves an interim year!!

Mandy Fuller

## **National Synchro Age Group Results 2016 – O&NB**

### **12 & under Figures**

19<sup>th</sup> Lucy Jones – Henley

40<sup>th</sup> Emma Johns -Witney

43<sup>rd</sup> Kata Soros -Witney

53<sup>rd</sup> Katherine Stevenson -Witney

### **13-15 years Figures**

21<sup>st</sup> Laura Turberville -Witney

69<sup>th</sup> Rowan Bisp -Witney

89<sup>th</sup> Caitlin Johns -Witney

92<sup>nd</sup> Phoebe Muir -Witney

98<sup>th</sup> Amelia Jones -Henley

119<sup>th</sup> Alexandra Turner -Henley

### **13-14 years' combo**

6<sup>th</sup> Henley –Alexandra Turner, Charlotte Beadsmoore, Charlotte Smith, Eleanor Whittle, Georgia Hunter, Poppy Butler, Ruby Sarney, Sophie Print

7<sup>th</sup> Witney & District –Rowan Bisp, Kasia Gibson, Flora Kershaw, Ria Larsen, Phoebe Muir, Holly Pemberton, Eve Ray, Libby Shaw, Laura Turberville, Adela Wilson.

### **12 & under Combo**

5<sup>th</sup> Witney and District – Eleanor Bisp, Amelia Bolton, Issabella Booth, Maisie Cooke, Isabelle Cox, Querubina Gouldby Emma Johns, Kata Soros, Katherine Stevenson, Wei-Jean Tan, Weiyen Tan, Emily Whitear

10<sup>th</sup> Henley - Bethany Davidson, Charlotte Jones, Emma Buckley, Eva Narewska, Francesca Whittle, Iris Bennett, Lucy Jones, Zara Warren

### **15-18 years Combo**

5<sup>th</sup> Henley \_ - Amelia Jones, Charlotte Young Chelsea Holliday, Elizabeth Livesey, Marissa Gray, Poppy Gray, Victoria Taylor

8<sup>th</sup> Witney & District - Eloise Archer, Sophie Gray, Olivia Hunt, Caitlin Johns, Fern Larsen, Josephine Marinho, Annie McLean, Eryn Morgan-Hughes, Millie Perry, Vicki Spits.

### **13-15 Mixed Duet**

1<sup>st</sup> Henley -Amelia Jones, Oliver Warren

## **Officials Report for County Meeting 24th Jan. 2017**

### ***Referees Course***

Congratulations to Karen Underwood for passing her Referees exam and only now has to pass her practical exam which is scheduled for near future.

### ***New Tutors***

The County continues to add to its stock of new tutors with Andre Marshall now going through the process of developing his skills and experience and will be concentrating on tutoring courses in the Milton Keynes area.

### ***Uptake of Courses***

The interest in attending courses continues and both the recent Judge 1 and Judge 2 courses held last Friday and Saturday have been very well attended.

### ***Refereeing for Starters***

Continuing on from last year the next County Refereeing for Starters course will take place on Saturday 11th March. Details and course joining instructions will be placed on the County website soon.

### ***County Championships***

The first two days of this years County Championships have been completed and went off very well.

The main two weekends are now fast approaching and although there are spaces for volunteers to officiate in 6 of the planned 12 sessions, mostly finals sessions, the remaining 6 sessions are now closed.

I look forward to welcoming Jane Davies, the Regional President to the Championships which offers a chance to showcase the professionalism of our officials.

Chris Jones  
County Officials Secretary

**SER Report Helen Mack**  
**Oxfordshire & North Bucks County ASA Meeting – January 2017**

**Time to Listen Course**

Saturday 4<sup>th</sup> March  
Holiday Inn Express Oxford Kassam, Grenoble Road, Oxford, OX4 4XP  
9.00am – 12.00noon

To book a space, please e-mail Bryony Gibbs, [bryony.gibbs@swimming.org](mailto:bryony.gibbs@swimming.org)

**Safeguarding Course**

There are 5 spaces available on a safeguarding course in Witney, details below;

scUK Safeguarding course, Witney & District Synchro SC, Function Room, Witney Artificial Turf Pitch, Gordon Way, Witney, Oxfordshire, OX28 4EH.

Tuesday 7<sup>th</sup> February 6.30pm - 9.30pm

Please contact Helen Mack if you would like one of the remaining spaces – [Helen.mack@freedom-leisure.co.uk](mailto:Helen.mack@freedom-leisure.co.uk)

**Team Manager Courses**

Module 1      Wednesday 1<sup>st</sup> March      Stoke Mandeville Stadium      6.30pm – 9.30pm

To book a space on a workshop, please e-mail Bryony Gibbs, [bryony.gibbs@swimming.org](mailto:bryony.gibbs@swimming.org)

**Swim 21**

The following clubs retained their swim 21 accreditation in December, after moving across to the new 16 elements, Bicester Blue Fins SC, Bletchley & District SC, City of Milton Keynes SC, Didcot Barramundi SC, Newport Pagnell SC, Witney & District SC,

The following clubs are due to maintain their accreditation at the March panel meetings, submission deadline 19<sup>th</sup> February, Aylesbury & District SC and Witney & District Synchro SC.

If clubs require safeguarding courses to meet the requirements of swim 21, please do not hesitate to contact Helen Mack. Wavepower states anyone who requires a DBS check their role within the club, must attend an approved safeguarding course within a reasonable timescale. The reasonable timescale is 3 months.

**Young Volunteers**

The second development day for the Oxfordshire Programme is scheduled for 4<sup>th</sup> March 2017 at The Leys, Oxford. There are spaces available for young people aged 14 years and older to complete a safeguarding for young volunteers course and their timekeepers award. 12.30pm – 7.00pm. If any young people at your club are interested, please e-mail Helen Mack – [Helen.mack@freedom-leisure.co.uk](mailto:Helen.mack@freedom-leisure.co.uk)

## **Coach Development Workshops 2017**

**County Coaches Conference**      **Saturday 4<sup>th</sup> March (9.30am – 4.30pm) Wycombe Leisure Centre**

Lindsay Dunn, England Programmes Officer

This day will be a conference with places allocated to coaches selected by their county to be involved in the 2017 county 11 year old camps. There will be additional spaces available to book through the region for other interested level 1 and 2 coaches. Please express your interest through the booking form attached. Conference agenda is to be confirmed.

**Coach Development Workshop**      **Sunday 5<sup>th</sup> March (9.30am – 4.30pm) K2 Leisure Centre, Crawley**

Dan Cross, Head Coach, Thanet Swimming Club and Steve Greenfield, Head Coach Ryde SC and ASA Tutor

This course will be for level 1 and level 2 coaches working with age group swimmers. Content will include; the theory of turns and planning to get the most out of each session and incorporating turns; Underwater work with a practical session to include coaching turns and motivational session planning.

### **Open Water Camp 2017**

The region will be running an open water camp on the 18<sup>th</sup> June at ACS International School, Cobham, Surrey and Shepperton Lake. The camp will be for 12 – 16 year olds and selections will be made shortly through the open water regional championship results and the distance events. Any interested coaches will be welcome to attend the camp to observe the practical sessions and listen to the workshop.

### **ASA Open Water Swimming Coaching Course**

The ASA Open Water Swimming courses for 2017 are now available for booking. This IOS course is a blended programme which incorporates and blends online theory elements of the programme with face to face practical sessions. Practical face to face course dates;

Day 1:- 09<sup>th</sup> April 2017      Mountbatten Centre, PO2 9QA  
Day 2:- 24<sup>th</sup> June 2017      Chichester Watersports, PO18 0NX

To book a space, please visit [www.theiosonline.com](http://www.theiosonline.com)

**Disability swimming taster sessions**  
**Kingham Hill Swimming Pool, Chipping Norton**  
2<sup>nd</sup>, 23<sup>rd</sup> and 30<sup>th</sup> March 2017  
6.00pm – 7.00pm

To book a place e-mail [dave.white@swimming.org](mailto:dave.white@swimming.org) / 07584025154 .The ability to swim 25m is essential.

