

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE ASA

President: Mr Peter Shaw

Executive Committee Meeting held at Bicester Leisure Centre on Tuesday 29th September 2015.

Present: P.Shaw , I.Powell , A.Evans , S-A Clavaud , J.Murphy , W.Patrick , K.Weetman & representatives from Abingdon Vale , Aylesbury , Bicester , City of Milton Keynes , City of Oxford , Maxwell , Newport Pagnell , Witney and 4Shires Swimming Clubs. Also present:- Helen Mack (Regional Club Development Officer).

Apologies: H.Patrick , M.Fuller , J.Alsop (4 Shires).

18.0 Minutes of Executive Meeting held on Tuesday 19th May 2015 were approved and signed.

19.0 Matters arising from Item 18:- None

20.0 Minutes of Executive Meeting held on Tuesday 14th July 2015 were approved and signed.

21.0 Matters arising from Item 20 :- None , not covered by later Items.

22.0 Correspondence

1. Letter from South East Region with notice of 2016 Regional Affiliation Fees (£4/£5/£0) and ASA Membership Fees for 2016 (£8.70/£25.50/£5).
2. Query from Region re Stowe School membership from Northants prep school. Over the border membership already widespread at e.g. 4Shires and MK area Clubs (Beds) so as long as participatory rules are followed no objection.
3. Invitation from Bucks and MK Sports Partnership to attend Sports Awards on 4th December at Waterside Theatre Aylesbury.

23.0 President's Report

Peter Shaw presented his Report which is attached.

24.0 Treasurer's Report

Ian Powell presented his Report which is attached.

25.0 Disciplines

1. Swimming:- Ian Powell presented his Report which is attached.
A lengthy discussion ensued regarding the security of the changing villages at Aqua Vale and Bletchley. AV have rejected our idea of a uniformed guard and IP will discuss further the options available with the new Centre Manager. The Swimming Secretary's request for an upgrade to V6.0 for MM was agreed.
2. Fixtures:- Jo Murphy presented her Report which is attached.
3. Records:- Peter Shaw presented 17 LC Record Claims which are attached.
4. Synchro:- PS present Mandy Fuller's Report in her absence which is attached.
5. Masters:- No one in Post so no Report.
6. Disability:- Nothing to Report
7. Masters Records:- None received.
8. Facilities:- It was reported that the proposed new Pool at Didcot had been given the green light and that there is talk of a Pool proposal for Haddenham.
9. Officials:- Alun Evans presented his Report which is attached.

26.0 Funding Applications

1. Request from Bletchley SC for funding of \$199 (£130) for MM v6.0 upgrade. Approved.

27.0 Appointments

1. Anne Minihan is stepping down at the end of February , after the 2016 County Champs . Anne proposed that she had enlisted Sandra Wrenn to replace her both on the Officials side and for the Volunteer Co-ordination at the Championships.

2. Anne is also our Webmaster and she will be passing this role on to Jo Murphy with immediate effect.

28.0 Social Media

Jo Murphy has set up a Twitter Account for ONB.

29.0 ASA South East Region

Helen Mack presented her Report which is attached.

30.0 AOB

1. Mandy Bird (Bicester) asked on behalf of Bicester's new Head Coach , Craig Oliver , about opportunities for ONB Development Days etc. PS suggested initially that CO contacts the County Coach , Kyle Frantzeskou , to discuss and PS will talk to KF regarding funding.
2. Maxwell reported that Aqua Vale are insisting on a new protocol during Galas at AV to gain access to the Studio for marshalling. It is barring access via the Gym and insisting that access is via the exit stairs (also Flume access). This could be a serious H&S issue as well as being very difficult to marshall all the swimmers with entry and exit being via a very narrow corridor. Subsequent to the meeting AV Centre Manager has informed Maxwell that if there is any safety issues the decision can be reversed (!).

Meeting closed at 8.20pm

**Next Meeting:- Tuesday 24th November 2015 at 7pm
Creche , Bicester Leisure Centre**

First of all I would like to offer congratulations to Kieran Bird (Bicester) who was selected to compete for GB at the European Youth Olympic Festival where he came 6th in the 200 Fly Final.

It was also very good to see Alex Murphy representing Ireland in the World Championships.

Congratulations to the record number of swimmers from ONB who qualified to compete at the British Summer Nationals and ASA , SASA and WASA Nationals that followed. Most were listed previously by Heather in her July report so I am only going to mention those that achieved podium status at the primary British event :- Max Murphy (CMK) , Tom Thornley (Bic) , Callum Smart (Oxf) , David Murphy (Oxf) , Tom Flaherty (CMK) and Rosie Bancroft (Oxf). It is though worth mentioning that Callum Smart set a new British Age Group Record for a 14 year old in winning the 15 year old 50 breast.

The overall success of our swimmers is also reflected in the setting of 17 ONB County LC Records at this set of Championships , that will be detailed later in this meeting.

Kieran Bird and Max Murphy also achieved podium finishes in the Open Water National 3k in the 16 yr and 15yr Age Groups respectively.

I also need to mention some swimmers who were missed off previous Reports , all of which are from Witney SC. Georgia Duff participated in the SE Regionals and was placed 3rd in the 13 yrs 200IM. Rhiannon Saunders and Ben Prosser both competed at the ASA Summer Nationals.

It is very pleasing to see Craig Oliver returning to ONB .Craig has recently been appointed as Head Coach at Bicester Blue Fins.

I am afraid I was unable to attend the SER Annual Council Meeting earlier in the month and therefore await news of whether the Hampshire ASA proposal (that we supported) to amend the constituents of the Management Board to improve communication with the Sub Regions succeeded or not .

I am very much looking forward to the National Inter County Championships at Sheffield next month. As Jo Murphy will report later the draft team that she and her Selection Committee invited is very strong and has every chance of achieving a record high position in Division 1.

Peter Shaw

Income & Expense since last meeting

Exec Income and Spending
Between 19/05/2015 and 29/09/2015

Income Categories

Investment Income	
Bank Interest	£7.80
Total Income Categories	£7.80

Expense Categories

Catering	-£23.63
Hire Charges - Dance Studio	-£29.40
Hire Charges - Pool	-£84.36
Funding IT Equipment	£200.00
Funding Training-Coaches	£118.66
Room Hire	£103.19
Total Hire Charges	£103.19
Software	£64.99
Insurance	£368.00
Total Expense Categories	£717.45

Grand Total **-£709.65**

Net worth

Exec Net Worth
As of 29/09/2015

Account	Total
<u>Bank and Cash Accounts</u>	
Cash - Competition A/C	£20.07
Cash - General A/C	£153.20
Competition Account	£2,784.17
Creditors Account	-£322.00
Debtors Account	£0.00
General Account	£179.33
High Interest Business Account	£38,608.88

Net Worth **£41,423.65**

Ian Powell
Treasurer, Oxon & North Bucks ASA

Swimming Secretary Report 29/09/2015

All information has been sent out to club secretaries and is on the county website. There was an error in the e-mail re the reference number of the withdrawal process this should read condition number 26 instead of condition 24.

Andy Willis has kindly pointed out an error with the Schedule of events posted on the website and circulated to the club secretaries regarding the relays in the final session which appear to have been missed off on the PDF version. This has now been corrected and the new file is now Master Schedule 2016 V1.1 20150929.

I have had several correspondences with Aqua Vale management over the last few months re the security of the changing village. I discussed the potential of placing uniformed Police/PCSO in the village for the duration that we hire the pool. The Pool Management have refused this, but they have said that since February additional CCTV cameras have been installed to cover all aisles. Plus additional signage has been placed around the village.

Meet Manager 5 is now not supported; I therefore request to upgrade the Counties Meet Manager to version 6.0 at a cost of \$199 (£131 plus back up disk and carriage).

Ian Powell

Swimming Secretary
Oxon & North Bucks County ASA

Fixtures Report Sept 29th, 2015

I have just a small update on the Inter County Champs, 17/18th October 2015, Ponds Forge.

The team selection is still as it was on the 1st draft. Fingers crossed this remains the case as it is a strong team. The feedback so far regarding the overnight stay has been wholly positive. No concerns have been raised as yet. However, I intend to gain full and formal feedback after the event and that will help determine, along with other factors, as to whether we stay overnight again next year.

The hotel is booked, coach booked, menu sorted, kit ordered and risk assessment done.

Chantal and myself are now up to date up with a '1st aid for Sport' course which we attended on the 14th September. Thank you to ONB for supporting our attendance. This has completed a range of competencies that was required for the staff team.

Captains have now been selected. For transparency, their selection was based on the following criteria:

- Age
- How many times a swimmer has been previously selected to swim for the county
- Other swimming achievements
- Suitability to the Role

The names will be announced on the evening prior to the event.

It's hard to believe that there is less than 3 weeks to go!

Jo Murphy

Fixtures Secretary

ONB ASA

LONG COURSE

FEMALE

Junior & Open

50 Fly	Ellie Millington	CO	28.31	28.07.15	Sheffield
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Junior

50 Back	Lucy Farmer	CMK	30.49	01.08.15	Sheffield
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100 Breast	Emily Wood	CO	1.12.74	02-08-15	Sheffield
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4 x 100 Free	City of Oxford (Amy Coombs , Ellie Millington , Rachel Allen , Emily Nisbet)		4.01.52	28-07-15	Sheffield
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4 x 100 Medley	City of Oxford (Annie Sharp , Emily Wood , Emily Nisbet , Ellie Millington)		4.22.48	02-08-15	Sheffield
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Open

200 Fly	Caitlin Wheatley	AV	2.15.95	31-07-15	Sheffield
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4 x 200 Free	City of Oxford (Liz Oliver , Shannon Motha , Kate Mills , Eleanor McNally)		8.42.70	31-07-15	Sheffield
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MALE

Junior

50 Back	Tom Thornley	BBF	27.45	30-07-15	Sheffield
100 Back	Tom Thornley	BBF	58.20	01-08-15	Sheffield
200 Back	Tom Thornley	BBF	2.06.65	29.07.15	Sheffield
200 Breast	Callum Smart	CO	2.22.69	01-08-15	Sheffield
50 Fly	Harry Maishman	MAX	26.35	31-07-15	Sheffield
4 x 100 Free	Maxwell (Billy Martin , George Manser , Joe Walker , Harry Maishman)		3.42.85	28-07-15	Sheffield
4 x 100 Medley	City of Oxford (Daniel Jenkins , Callum Smart , Ewan Springett , Chris Wood)		4.09.40	02-08-15	Sheffield
4 x 200 Free	Bicester Blue Fins Oliver Innes , Tom Thornley , Kieran Bird , Josh Rowland)		8.01.48	06-08-15	Sheffield

Open

200 Free	Tom Flaherty	CMK	1.52.87	29-07-15	Sheffield
400 Free	Tom Flaherty	CMK	3.57.74	02-08-15	Sheffield

COUNTY SYNCHRO REPORT

SEPTEMBER 2015

Since the AGM report there have been three competitions involving Clubs from the County

Witney Synchro attended the Rykneld Open and the Warwickshire & Staffordshire Open Competitions in July.

Full results have been attached – congratulations should go to Laura Turberville (12) and her duet partner Madison Squire (12). Both performed well in the figures section of the Warwicks Open and Laura qualified her Solo to come 4th and the Duet also qualified to swim and came 2nd.

This past weekend saw Henley and Witney travel to the South East Regional recreational Championships

In the 12 & under age group Witney were 3rd and Henley 5th

In the 13/14 years Witney and Henley tied in first place

In the 19 & unders Henley came equal 2nd with Witney narrowly behind in 4th (0.1667marks behind)

The next event in the calendar is the Multi –Regional (SE, SW & London) Age Groups championships in October at the Olympic Pool in London. This year Witney are sending a competitive 12 & under Team for the first time, in fact it will be the first time Witney will have entered any competitive team. The squad is very excited about swimming in the Olympic Centre even though the competition starts at 08.00am.

In December both Clubs will head for Gloucester and the National Age Groups.

I attended a weekend of meetings in Loughborough last Saturday and Sunday for the ASA Synchronised Swimming Management Group and all the regional Synchro managers. There is now a designated Synchro Development officer for the ASA which will hopefully help push synchro forwards again.

Mandy Fuller

County Synchro

Results :

Witney Synchro

Crooked Spire Competition

Duets:

Skill Level 1 13&Over 2nd Katie O'Brien & Libby Shaw

Skill Level 2 12& under 1st Madison Squire & Laura Turberville

Skill Level 2 13 & Over 1st Hannah Lonsdale & Rebecca Mann

Skill Level 3 Open Age 1st Josephine Marinho & Laura Perry

Teams

Skill Level 1 Any age : 2nd Witney – Eleanor Bisp, Issabella Booth, Beatrice Dendy, Kasia Gibson, Flora Kershaw .Kata Soros, Katherine Stevenson

Skill Level 2 Any age: 1st Witney – Rowan Bisp, Emma Johns, Ria Larsen, Phoebe Muir, Daisy O'Keefe, Madison Squire, Laura Turberville.

Skill Level 3,4,5 Any age 2nd Witney – Eloise Archer, Olivia Hunt, Hannah Lonsdale, Rebekah Mann, Josephine Marinho, Laura Perry, Millie Perry, Louise Fuller

Warwickshire & Staffordshire Open

12 & under figures: 4th Laura Turberville, 12th Madison Squire, 5th Phoebe Muir, 21st Emma Johns, 37th Kata Soros, 38th Ria Larsen, 46th Katherine Stevenson

12 & Under Solo: 4th Laura Turberville

12 & under Duet: 2nd Madison Squire & Laura Turberville

13-15years combo Team: 4th Sophie Gray, Eryn Mogan-Hughes, Caitlin Johns, Fern Larsen, Katie O'Brien, Libby Shaw, Vicki Spits, Alice Travis.

South East Recreational Championships

12 & under Combo 3rd : Eleanor Bisp, Issabella Booth, Beatrice Dendy, Kasia Gibson, Flora Kershaw, Eve Ray .Kata Soros, Katherine Stevenson, Wei Yen Tan, Emily Whitear.

13/14 Combo Team 1st =: Sophie Gray, Eryn Mogan-Hughes, Caitlin Johns, Fern Larsen, Katie O'Brien, Libby Shaw, Vicki Spits, Alice Travis.

19& under Combo Team 4th: Eloise Archer, Olivia Hunt, Hannah Lonsdale, Josephine Marinho, Laura Perry, Millie Perry,

Results:

Henley

South East Recreational Championships

12&Under Combo 5th: Charlotte Jones, Georgina Hunter, Charlotte Beardsmore, Eleanor Whittle, Francesca Whittle, Iris Bennett, Poppy Butler, Charlotte Smith

13/14 Combo: 1st= Alexandra Turner, Ruby Sarney, Angel Green, Amelia Jones, Sophia Print, Isobel Buckner

19& Under Combo 2nd =: Courtney Moorhouse, Catherine Shearman, Chelsea Holliday, Poppy Gray, Millie Edwards, Elizabeth Livesey, Charlotte Patrick, Charlotte Young

Oxon & North Bucks ASA

Officials' Secretary Report to the Executive 29th September 2015

Courses

Since my last report, we have been very busy delivering a number of the first workshops for J1 courses at various venues in the north and south of the County. The majority have been driven by clubs licencing their club championships and needing licenced officials. In most cases, these courses are filling up before we have a chance to advertise. The next course is at Oxford on 13th October. Bookings via Anne as always. We are now starting to move onto the second and third workshop elements for the earlier courses. My thanks to Anne Minihan and Oliver Stockland for their assistance in delivering the programme in Buckinghamshire.

The J2 course and Ref for Starters courses at Kidlington earlier this month were both well subscribed. British Swimming is consulting on formalising the latter and I will be attending a meeting in Loughborough next month to discuss the way forward.

British Swimming has indicated that new candidates (ie those enrolled after the 1st September 2015) will be required to complete the Contemporary Issues CPD Module **prior** to the J1 assessment. **No assessments can be carried out unless this is completed.** We are now building this into the third workshop for J1 trainees. The outline pattern for the revised J1 programme is, consequently,

Workshop 1 - Timekeeping
Workshop 2 - The role of Inspector of Turns and DQ reporting
Workshop 3 - Review of experience and Contemporary Issues

The requirement to complete the CPD prior to assessment places an onus on the assessor to check with the volunteer co-ordinator that it has been completed.

As always, the full programme of courses, including provisional dates for 2016, is on the web site.

Mentoring

As a consequence of the large number of courses, the demand for mentoring has increased significantly. Whilst event referees will do their utmost to help, it remains their priority to run the gala for the benefit of the swimmers. We are encountering the situation that the demand for mentoring exceeds the number of qualified officials present. If any trainee official requires mentoring, they should contact the lead referee in advance of the competition.

Newly qualified officials

We have a large number of officials who have successfully completed their assessments over the last four months. Congratulations to them and a big thank you to the referees who have overseen the process. Up to the end of September, the ASA have been notified of the following:

J2S – Sandra Wrenn, Karen Underwood, Paul Walker

J2 – Angela Allen, Leslie Springett, Sharron Motha, Adrian Peake, Claire Newell, Deborah Smit

J1 – Anne Spencer, Karen Holiday, Richard Harris, Jo Murphy, Angie Austen

Timekeepers – Alex Haveron-Jones, Wendy Walden, Deborah Dean, Emma Ditchfield, Yu Hong, Libby Selby, Jo George, Ian George, Sarah Belcher, Helena Stewart, Amanda Vugrinec, Louisa Swann, Mel Henderson, Helen White, Deryn Creasy, Jo Riley, Dave Oxley, Emma Camp, Ellis Banning, Miranda Moslin.

Alun Evans

Officials' Secretary

Oxon & North Bucks County Meeting – 29th September 2015

New South East Region website.

The new SER website was launched on Saturday 26th September, please visit the site www.southeastswimming.org

Swim 21

Currently the Region has 94 accredited clubs, well done to Banbury SC, Bourne End SC, Maxwell SC & City of Oxford SC who all completed their swim 21 Annual Health Check and were recredited at the September National Panel meeting.

The following clubs are due to submit their Annual Health Check by 23rd October; City of Milton Keynes SC, Didcot Barramundi SC, Witney & District SC, Newport Pagnell SC and Bicester Blue Fins SC.

Young Volunteer Programme – Leading the Lane

The programme is aimed at young people aged between 15 and 25 years who are looking to access training opportunities to volunteer within aquatics.

There are still places available on the programme starting on **15th November at Aylesbury Grammar School and Aquavale.**

Following the Development Day, the young people will be expected to undertake 10 hours volunteering within their own club environment before attending a second Development Day in March 2016.

Training provided during the programme includes;

- ASA Young Aquatic Helper Certificate
- ASA Timekeepers Course
- St. Johns Emergency First Aid
- Sports Coach UK – Safeguarding for Young Volunteers (13+)
- ASA Team Manage Training (Module 1)
- Bespoke workshops on communication / social media

The programme costs £10, and all young people who complete the programme receive a SER Young Volunteer T-shirt.

For further details and application form, please contact Helen Mack or visit the SER website.

Time to Listen

Next course is on 24th October , 9.00am – 1.00pm at Windsor Leisure Centre.

The SER is looking to deliver a Time to Listen course in ONB on Saturday 5th March at Stoke Mandeville.

Team Manager Training

Team Manager 2 course is running at Chalfont Leisure Centre on Monday 5th October, 6.30pm – 9.30pm. Please contact Helen Mack for further information.

Regional Coaches Conference

The SER is hosting their first Regional Coaches Conference on 28th November at Leatherhead Leisure Centre. The day will include sessions on the following topics:

- Testing and monitoring performance
- Race modelling (stroke rate and stroke count)

- Communication
- Pre & Post race 'process focused' goal setting and feedback.

For further details please contact Kristie Jarrett – Kristie.jarrett@freedom-leisure.co.uk or visit the SER website.

2016 Coaches workshops

The SER is delivering a coaches workshop in ONB on 27th February 2016 at Headington School. The workshop will focus on session planning, relay take-overs and front crawl.

Booking forms will be available from November.