

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE ASA

President: Mr Peter Shaw

Executive Committee Meeting held at Bicester Leisure Centre on Tuesday 24th November 2015

Present: P.Shaw , I.Powell , J.Murphy , M.Fuller , S.Wrenn , W.Patrick & reps from Abingdon Vale Aylesbury & District , Bicester Blue Fins , City of Oxford , Maxwell , Newport Pagnell , Thame and Witney Synchro Swimming Clubs. Also: H.Mack (SER Club Dev Officer)

Apologies:- H.Patrick , A.Evans , K.Weetman , K.Glass (Aylesbury) , C.Shrewsbury (COSC)

31.0 Minutes of the Executive Meeting held on Tuesday 29th September were approved and signed.

32.0 Matters arising from 31:- None

33.0 Correspondence

1. Application from Oxford University Water Polo Club for affiliation to the SER. PS has reported the history of this Club re past suspensions to the SER. No further comments received.
2. Correspondence between PS and Chairman of SER regarding an issue reported by our Officials Secretary.

34.0 President's Report

Peter Shaw presented his Report which is attached.

35.0 Treasurer's Report

Ian Powell presented his Report which is attached.

36.0 Disciplines

1. Swimming:- Ian Powell presented his Report which is attached. Expenditure requested in the Report was agreed. After 6 months of investigation into potential security arrangements it was agreed that , unless there are spare DBS checked volunteers available to be allocated , no additional arrangements will be made to the security/patrolling of the changing village at Aqua Vale during the Champs. An idea of a uniformed presence had been rejected by the Centre. Maxwell reported that they do nothing extra during their regular events there. Helen Mack reported that she has looked at other Counties's arrangements for the same type of facility and no arrangements are put in place beyond the Centre's own. It was generally agreed that no arrangements would combat someone intent on committing what occurred at the 2015 Champs. It is incumbent on all Clubs to ensure that their swimmers change in pairs and be vigilant. Aqua Vale has increased the number of cameras and have promised to patrol the changing village.

2. Fixtures:- Jo Murphy presented her Report which is attached. The Executive agreed , after the success of the overnight stay and the partial reimbursement of costs by the ASA , to repeat in 2016.

3. Records:- Peter Shaw presented 16 Short Course Records which are attached.

4. Synchro:- Mandy Fuller presented her Report which is attached.

5. Masters:- No one in post so no Report.

6. Disability:- Nothing to Report

7. Masters Records:- PS presented 25 Record Claims from David Hall and they are attached.

8. Facilities:- Maxwell reported on a proposed "Aquatic and Sports Leisure Park " to be constructed in the Aylesbury Vale area over the next 3-5 years.

9. Officials:- PS presented Alun Evans's Report in his absence which is attached.

37.0 Funding Applications

Two requests from the City of Milton Keynes. Firstly for £110 (50%) for Level 1 Coaching Modules for Faith Kimberley and secondly for Tempo trainers and Medicine Balls for athlete development at a total cost of £177.95. Both requests were agreed.

38.0 ASA South East Region

Helen Mack presented her Report which is attached.

39.0 AOB

1. Mandy Bird (Bicester) reported that the Bicester Blue Fins Welfare Officer , Terri-Louise Pilgrim, would be willing to act as Welfare Officer for the 10th Jan , 17th Jan and 6/7th February County Championship Galas for which we are very grateful.
2. Sandra Wrenn (Volunteer Co-Ordinator) requested a response from the Clubs as soon as possible to her request for County Champ volunteers , appreciating that some parents are waiting to discover whether their child has been accepted.

It may be worth mentioning to parents that historically, 65% of all the Officials do not have a Child competing at the Championships and currently, 100% of the Main Organisers do not have a Child competing!

Meeting closed at 8.35pm.

**Next Meeting: Tuesday 19th January 2016 ,
Bicester Leisure Centre , Creche.**

I must start with the fantastic performance by our 17/u County Team at the National Inter Counties Competition at Sheffield on October 18th. Jo will comment in more detail in her Fixtures Sec's Report so all I need to do is thank Jo Murphy for the enormous amount of work and thought that went into the seamless organisation of this trip.

I also wish to congratulate our many successful swimmers who attended the ESSA Inter Divisional Championships at Leeds at the beginning of October.

There were some outstanding performances at the SER Short Course Champs held at Portsmouth on the 7th/8th November. Suffice to say 13 County Junior and Open Records were broken over the weekend which mid-cycle is exceptional.

I would also like to wish our synchro swimmers the best of luck competing at the National Championships at Gloucester at the beginning of December.

There has been an issue over the past 10 years or so with getting deserving volunteers to accept the position of County President. I suspect it is because they do not want to commit to attending all our Executive Meetings and also, more relevantly, Chair those meetings. I am therefore going to propose that we investigate amending the constitution whereby a Chairman is elected for the Association who will obviously, amongst other responsibilities Chair the meetings. That will release the President to a purely ceremonial role, visiting the various disciplines, presenting at the County Championships etc etc. I hope that will make it easier for Clubs to find deserving long serving volunteers to accept their nomination.

Finally I would like to congratulate Helen Mack on receiving the President's Plate at the SER Annual Council Meeting in September. This is awarded annually by the outgoing Regional President for outstanding contribution to the Region.

Peter Shaw

24.11.15

Income & Expense since last meeting

Exec Income and Spending
Between 29/09/2015 and 24/11/2015

Income Categories

Income - Unassigned £1,000.00

Total Income Categories £1,000.00

Expense Categories

County Gala's

Transport £1,095.00

Funding Athlete Development £1,989.00

Funding IT Equipment £130.00

Funding Training-Coaches £60.00

Hire Charges

Room Hire £32.00

IT

Software £147.28

Sports Gear Purchases £326.52

Total Expense Categories £3,779.80

Grand Total **-£2,779.80**

Net worth

Exec Net Worth
As of 24/11/2015

Bank and Cash Accounts	Total
Cash - Competition A/C	£20.07
Cash - General A/C	£153.20
Competition Account	£3,784.17
Creditors Account	-£322.00
Debtors Account	£0.00
General Account	£874.53
High Interest Business Account	£34,108.88
Net Worth	£38,618.85

Ian Powell
Treasurer, Oxon & North Bucks ASA

Swimming Secretary Report 24/11/2015

I have e mailed out to all club secretaries' amended Promoters conditions, individual entry forms and team relay forms. Brief outline of changes listed below:

2016 Promoters Conditions V1.1 20151012

- Grammar errors
- Foreign Swimmer times
- 200m Age group award process
- 100m IM awards

Individual entry forms

- it was been pointed out that there appears to be duplicate 200m events numbers, these are the 200m Heats in the afternoon (the lower event number) and the second one being the single final in the evening session (the higher event number). This may cause some confusion when entering, but the electronic entry file should flag to the data entry person an error as the considered time is set very fast for the finals.
- I have redone the entry forms which are attached so these could be circulated and use if possible but I will carry out a check on the entry file to see if anybody has been entered in the finals by mistake.

Relay Entry Forms

These have been updated which have the 4* 100m relay removed from the form.

These documents have been posted to the web site.

Aqua Vale Changing village

Aqua Vale management have confirmed that we may have appropriate personal patrolling/station in the changing village.

Aqua Vale AOE

Aqua Vale have contacted me asking is we would support the repair to the deck connection, a quotation from Swiss Timing is below:

NSI	Hinged enclosure lids (Feller)	2 @ £35.00	£70.00
9135.8022	4-pin Male panel mount tuchel		£ 8.93
9235.8022	4-pin Female panel mount tuchel		£ 8.93
	Packing and delivery		£ 15.00

Total: £102.86

I would recommend that we support this request on this occasion.

I have purchased Meet Manager 6 and the competition has been transferred over to the new version of the software.

Ian Powell

Fixtures Report Nov 24th, 2015

Sheffield – Inter Counties National Championships Oct 17/18th 2015

This was the 1st time the ONB County team stayed overnight prior to the main event on the Sunday.

It was a resounding success in terms of the final result as ONB climbed to 7th place in Division 1. Our climb back up Division 1 should be very much applauded.

1	Lancashire	493
2	Yorkshire	447
3	Somerset	424
4	N & Durham	383
5	Middlesex	382
6	Kent	380
7	Ox & N Bucks	333
8	Herts	328
9	Cheshire	326
10	Scot East	324
11	Surrey	309
12	Leics	297
13	Berks & SBucks	288
14	Derbyshire	286
15	Hampshire	274
16	Suffolk	270
17	Scot West	269
18	Devon	246
19	Dorset	240
20	Worcs	214

As it was the 1st time over night, I gathered feedback from swimmers and staff and parents.

In summary, overall experience was very good.

Accommodation: the hotel staff looked after the group well and responded to all our requests.

I had asked for us all to be on one floor or all girls on one and all boys on another. However, when we checked in we had been allocated 3 floors. Some swimmers were inconvenienced with the wrong combination of beds though this was in part due to last minute room 'share' changes as well as the hotel's mistake of giving us 3 floors. None the less, the rooms were excellent and eventually all was resolved.

Evening meal: food was plentiful and without chips. I have now been able to identify a closed section of the dining area that we could use next time, so we can, in fact, carry out team activities without disturbing other guests. The hotel staff were good at accommodating our late arrivals (namely those from CMK) who had been competing till late that Saturday night and still needed to eat.

Breakfast was standard fair and available early enough to suit all needs.

Sunday lunch was however, hit and miss – some swimmers not seeming to have enough cash or making time to obtain something decent from the café to see them through. Hence there was a stop off at an M&S on the way home.

Transport: the coach and driver were exceptional and made the event the success it was. The driver Paul Gilbert was flexible and supportive to all our needs including making the unscheduled stop off on the return journey to enable swimmers to buy more food. DVDs for part of the journey seemed to work as a bonding session turning into a sing

song session, particularly on the outward journey.

Specific feedback from Swimmers/Parents:

Mostly positive points, the main one being that they felt it was well organised. Some suggestions for improvement that are in our control have been noted eg. availability of hoodies, more team bonding activities in the evening.

Parents were overwhelming in their support of the weekend. They expressed their swimmers excitement, especially from the younger ones as this was a big event for them. Emails of thanks and positive feedback were received. At least no complaints!

The Sunday performance was worth the extra overnight. It was felt that there was less stress and tiredness from travelling up on the 1 day. We did have 1 parent go to the wrong services and missed the pick up time by 20mins. Had this happened on the Sunday we would have had some scheduling problems! Admittedly this was the 1st time I have experienced a late arrival in all the years I have been going to this event.

An unexpected bonus was the costs of the weekend were reduced by a successful application to the ASA for a **£1000** reimbursement towards accommodation costs.

Costs this year therefore were:

£1095 (coach and driver)

£1989 (Hotel)

Total £3084 and less the ASA reimbursement: **£2084**

The main proposed changes should we repeat the experience in 2016:

1. Start the camp sooner and leave earlier for a pool stop off en route to Sheffield on the Saturday and have a 'training/bonding' session in the water. Maximum costs could be £15 per hour per lane. We would need 4 lanes, and 2 hours = **£120** at the most. Further on costs would be the driver/coach's extra time.
2. Ask CMK/NPG swimmers (who make the County team) not to compete in the Lincoln Vulcans Meet on the Saturday in order to be involved in the full weekend. The bonus would be that swimmers from those clubs would be much fresher for the Sunday competition.
3. Offer a sweat top as part of the kit. The upside is the obvious 'team' feel it engenders but also it makes swimmers more easily identifiable. I have obtained a quote for a non-zip version of £15 (+VAT) fully printed. Swimmers could purchase this at cost?
4. Take up the option of buying a prepared packed lunch £5.95 per head (available from the Holiday Inn) for the swimmers on the Sunday (x34 = **£202**)

Acknowledgements:

I would like to thank Chantal Clavaud and Andy Willis for all their help organising and managing the swimmers so well. Their support and experience was invaluable.

Thanks too to, Craig Oliver for stepping into County Coach role fairly late in the day as Kyle Frantzeskou was unable to attend the event due to personal circumstances.

Special mention to Brian Murphy for being our Official on behalf of ONB. Next year we will need to provide 2 officials.

Our Captains, David Murphy and Shannon Motha did an excellent job of representing ONB poolside with the ONB banner in the Opening Ceremony and indeed, they played a very supportive role the ensuring younger swimmers were settled.

Thanks too, to Peter Shaw for representing ONB as our president poolside and for presenting the medals and badges to our 1st and 3rd timers on the Saturday evening:

First time swim

Edward Beamont- Dickety

Third time swim

Emily Ford

Ashley Frost
Billy Wotton
Max Bolcato
Oliver Hassall
Thomas Selby
Lottie Wynne-Jones
Tabitha Watkins
Callum Smart
Ben Prosser
Annie Sharpe
Thomas Thornley
Erin Saunders
(13)

Tasha Fenton
Max Murphy
Yasmin Tajalli
Emily Nisbet
Ellie Millington
(6)

County Coach Discussions/County Development:

Having had some initial discussions with Kyle there are some ideas for this season that may enable some further 'development' of our County Squad swimmers as well as swimmers in the County generally. Broadly, they are around:

- initiatives that will help improve the standards in the County Squad (eg training on the Saturday on the way up to Sheffield)
- County swimming generally - eg 50m pool
- Re-introducing a County coaches meeting for feedback (at Counties or indeed, by any other means) in order to determine what they would like to see happening for the development of swimmers in the County

Jo Murphy

Fixtures Secretary

ONB ASA

RECORD CLAIMS

24th November 2015

Short Course

MALE

Junior & Open

800 Free	Kieran Bird	Bicester	8.21.64	Aldershot	24/10/15
1500 Free	Kieran Bird	Bicester	15.41.48	Portsmouth	08/11/15

Junior

50 Free	Harry Maishman	Maxwell	24.03	Guildford	21/11/15
200 Free	Kieran Bird	Bicester	1.53.48	Portsmouth	08/11/15
50 Back	Tom Thornley	Bicester	26.42	Portsmouth	08/11/15
100 Back	Tom Thornley	Bicester	56.25	Portsmouth	07/11/15
200 Back	Tom Thornley	Bicester	2.00.83	Portsmouth	08/11/15
50 Fly	Harry Maishman	Maxwell	25.61	Guildford	22/11/15
200 Fly	Kieran Bird	Bicester	2.03.94	Portsmouth	07/11/15
400 IM	Kieran Bird	Bicester	4.32.37	Portsmouth	07/11/15

Open

100 Breast	David Murphy	City of Oxford	1.00.59	Portsmouth	08/11/15
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FEMALE

Junior

50 Back	Lucy Farmer	CMK	29.47	Portsmouth	07/11/15
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Open

400 Free	Isobel Jones	CMK	4.14.95	Portsmouth	08/11/15
800 Free	Isobel Jones	CMK	8.48.44	Portsmouth	07/11/15

COUNTY SYNCHRO REPORT

NOVEMBER 2015

Since last meeting Witney Synchro attended the Multiregional Age Groups Competition held at the Olympic Stadium. This event is held with London, South West and South East. Six swimmers competed in figures -5 being 12 and under and 1 in the 13/14/15 age group. (Full results being at the end of the report). Two twelve and under swimmers swam their solos and then combined to swim Duet which was placed 3rd in SE region. The Team of 5 swam well and were placed 3rd in the SE region. (In this competitive event all the swimmers figure marks go forwards as an average to the overall Routine mark. Also the teams lose 0.5 marks per swimmer less than 8 – this meant that the Witney Team were 1.5 marks down before they started the event).

This Witney Team are competing again at the National Age Groups in December along with 3 Witney Combination Teams. This is the first time Witney will have a Team in the Competitive Strand.

Steve Fuller is Referee for the National Age Groups and I will be the Club National Judge for the event. At all National events each Club now have to supply a national judge and an ASA member volunteer for each day of competition. This is causing some problems for some Clubs who are having to “borrow” judges -recently at the Synchro Masters Competition I was nominated judge for Brighton Dolphins.

Henley Synchro competed at the Kent Open Competition –results at end of report. Henley will also be competing at the National Age Groups in December.

At present there is nil else to report. A full report of NAG's will be in the January report.

Mandy Fuller

OXON & N.BUCKS 'MASTERS' NEW RECORDS AS AT 24 NOV 2015

SHORT COURSE RECORDS

BACKSTROKE

1	MEN	50	30-34	ANDREW HAGUES	Co Oxford	23-Oct-15	28.66	Nationals, Sheffield
2	MEN	50	45-49	NICHOLAS BRIDGE	Co Oxford	03-Oct-15	30.31	SER Guildford
3	MEN	100	45-49	NICHOLAS BRIDGE	Co Oxford	25-Oct-15	1:04.39	Nationals, Sheffield
4	MEN	200	18-24	JOSH HARROP	Co Oxford	24-Oct-15	2:20.12	Nationals, Sheffield
5	MEN	200	45-49	NICHOLAS BRIDGE	Co Oxford	24-Oct-15	2:22.90	Nationals, Sheffield

BREASTSTROKE

6	MEN	100	30-34	CHRISTOPHER AUST	Co Oxford	23-Oct-15	1:06.31	Nationals, Sheffield
7	MEN	100	45-49	MATTHEW GOMEZ	Co Oxford	23-Oct-15	1:14.14	Nationals, Sheffield
8	MEN	200	30-34	GRAHAM CABLE	Co Oxford	24-Oct-15	2:32.68	Nationals, Sheffield
9	MEN	200	35-39	DAVID DENNY	Co Oxford	24-Oct-15	2:37.15	Nationals, Sheffield

BUTTERFLY

10	MEN	50	25-29	RYAN ANSCOMBE	CMK	23-Oct-15	25.76	Nationals, Sheffield
11	MEN	50	45-49	NICHOLAS BRIDGE	Co Oxford	23-Oct-15	28.20	Nationals, Sheffield

FREESTYLE

12	LADIES	400	65-69	LYNNE TANNER	Witney	24-Oct-15	7:07.40	Nationals, Sheffield
13	MEN	200	45-49	NICHOLAS BRIDGE	Co Oxford	23-Oct-15	2:09.18	Nationals, Sheffield
14	MEN	800	35-39	DAVID DENNY	Co Oxford	23-Oct-15	8:47.12	Nationals, Sheffield
15	MEN	800	45-49	MATTHEW GOMEZ	Co Oxford	23-Oct-15	9:48.90	Nationals, Sheffield
16	MEN	1500	30-34	CHRISTOPHER JOHANSI	Co Oxford	23-Oct-15	17:46.93	Nationals, Sheffield

INDIVIDUAL MEDLEY

17	MEN	100	50-54	CLIVE McNAMARA	ABINGDON VALE	24-Oct-15	1:15.50	Nationals, Sheffield
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RELAYS

18	MEN	160 +	4 x 200	FREESTYLE	Co Oxford	24-Oct-15	Br 8:21.01	Nationals, Sheffield
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LONG COURSE RECORDS

BACKSTROKE

19	LADIES	50	70-74	BARBARA LEGG	Bicester	27-Sep-15	58.29	SW Region, Millfield
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BREASTSTROKE

20	LADIES	50	70-74	BARBARA LEGG	Bicester	27-Sep-15	53.96	SW Region, Millfield
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BUTTERFLY

21	LADIES	50	35-39	ZSUZSANNA FELVEGI	Co Oxford	25-Jul-15	32.81	Aldershot
22	LADIES	50	70-74	BARBARA LEGG	Bicester	27-Sep-15	51.32	SW Region, Millfield
23	LADIES	100	35-39	ZSUZSANNA FELVEGI	Co Oxford	25-Jul-15	1:17.43	Aldershot

FREESTYLE

24	LADIES	50	70-74	BARBARA LEGG	Bicester	27-Sep-15	45.20	SW Region, Millfield
25	LADIES	100	70-74	BARBARA LEGG	Bicester	27-Sep-15	1:44.44	SW Region, Millfield

Oxon & North Bucks ASA

Officials' Secretary Report to the Executive 24th November 2015

Courses

We continue to deliver a number of courses within the County. All have been well subscribed with most J1 courses being full. It is pleasing to see a number progressing towards J2 and J2S, which should lead to a very healthy complement of officials in the future. A FINA update course was also delivered at Kidlington earlier this month. I am conscious that we do not have another FINA update planned and will give this some attention in the New Year. As always, details of this and other courses will be on the web site.

Given the number of officials in training, I repeat my message regarding mentoring that was included in my September 2015 report.

County Co-ordinators Conference

The ASA held a conference in Loughborough for County Co-ordinators in October. More detailed notes of the meeting are attached as an Appendix to this report. The topics covered were

- Training of referees
- Replacement programme for FINA and Pre-FINA referees and starters
- Training of officials at J1 and J2/J2S
- Pre referee training for qualified J2S
- Accreditation of officials from other countries.

The conference was highly informative and highlighted the inadequacies of the current dissemination process through Regional Co-ordinators; a point I raised with the Swimming Officials Group. I was reassured, however, that the training structure in place within Oxfordshire and North Buckinghamshire was more than compliant with proposals made at the meeting and, in some cases, in advance of current thinking.

County Championship 2016

Requests for officials have already been sent out and I thank those who have made early returns to Sandra, who is co-ordinating the responses for the first time. Given the short period between Christmas and the first gala in January, I would encourage those able to volunteer to contact Sandra as soon as possible. I am particularly anxious we have a good attendance for the 800/1500 event on 10th January and the 400s on the 17th January. In previous years, we have relied heavily on officials who have not had children swimming to cover these events and I am conscious that many of these have not re-licenced.

I have been asked about the availability of mentoring opportunities at the County Championships. I will be organising this and we will be sending out information in advance of the events. My first priority will be to run the galas with a full complement of officials. Once this is completed, I will look at the opportunities for mentoring. I am not planning to run any assessments at the Counties.

Newly qualified officials

I have notified the ASA that the following officials completed their assessments at the end of September and in October. Once more, I thank my fellow referees for overseeing the process and congratulate the following.

J2S – Angela McLean

J1 – Laurie Doe, Tanya Clegg

Timekeepers – Katherine Langley, Derric Nimmo, Patricia Hickton-Collins, Ian Langley, Rob Starsmore, Steve Ebbs, Kay Lefort, Kate Smithson, Cheryl Lord, Olivia Phillips, Chris Lawrence, Claire McInnes, Paul James.

Alun Evans

Officials' Secretary

ONB County Meeting – November 2015

Swim 21

Currently the Region has 94 accredited clubs, well done to City of Milton Keynes SC, Witney & District SC, Newport Pagnell SC, Bicester Blue Fins SC, who completed their swim 21 Annual Health Check and were recommended for accreditation by the Regional Panel on 12th November, accredited is awarded at the National Panel meeting on 9th December.

The following ONB clubs are due to submit their Annual Health Check by 19th February 2016 Bletchley & District SC, Aylesbury & District SC, Witney & District SSC.

Time to Listen

Course in ONB – Saturday 5th March at Stoke Mandeville Stadium, 1.00pm – 4.00pm

2016 Coaches workshops

Saturday 27th February – Headington School, Oxford

Ian Turner, Former GB Head Coach

- *Session planning*
- *Relay take overs*
- *Front crawl – common faults and corrective practices*

Sunday 28th February – River Park Leisure Centre, Winchester

Dr Julie Johnson, Sport Psychologist/ Amanda Booth, Head Coach, City of Oxford SC

- *Managing relationships and the coaching processes*
- *Breaststroke stroke development*
- *Backstroke to Breaststroke cross over turn*

Saturday 5th March – Ashford School, Ashford

Lindsay Dunn, England Programmes Officer

- *Functional movement patterning and injury prevention*
- *Breaststroke stroke development*
- *Backstroke to Breaststroke cross over turn*

Sunday 6th March – K2, Crawley

Dr Julie Johnson, Sport Psychologist / Lindsay Dunn, England Programmes Officer

- *Managing relationships and the coaching processes*
- *Relay take overs*
- *Front crawl – common faults and corrective practices*

£10 for Swim 21 accredited clubs/ £20 for non-Swim 21 accredited club.

Synchro Workshop – Sunday 28th February (provisional – the workshop will be confirmed following a meeting on 14.12.15)

Managing relationships and the coaching process & choreographing routines.

South East Region Water Polo Coach Development Workshop

The workshop will include sessions delivered by Paul Metz, – Lead ASA Water Polo Coach Development Programme; Norman Leighton – ASA National Water polo Talent Development; Evan Jenkins – ASA Water Polo Strength & Conditioning Coach

February 21st 2016 9.30am – 6.00pm

Basingstoke Aquadrome, Worting Road, Basingstoke, RG22 6PG

£10 for SER Affiliated club coaches, £15 for non SER Affiliated club coaches.

Regional Talent Camps 2015 (ONB)

- All of the regional talent camp days were run at Charterhouse School, Godalming.
- Venues were difficult to find due to the large amount of pool time, we are looking for venues on the 1st and 3rd weekend in September 2016.
- The 12 year old camps took place on the 6th and 13th September. Of the 72 selected, 5 girls (2 Oxford, 2 Bicester, 1 Maxwell) and 4 boys were from ONB (2 CMK, 2 Oxford).
- The 11 year old camps are taking place on the 11th and 25th October. Of the 72 selected, 4 girls (1 Maxwell, 1 Oxford, 1 Newport, 1 Abingdon Vale) and 4 boys (2 Oxford, 1CMK, 1 Maxwell) were selected from ONB
- Selections were made on automatic qualification to the Regional Championships and consideration times/ rankings for the 11 year olds.
- Swimmers are participating in stroke based pool sessions, land training and theory workshops. Workshops have included workshops for parents on goal setting and lifestyle management.
- Development Opportunity for coaches to attend as a lane coach. Ian Keys (Thame), Marc Butcher (Maxwell) volunteered. Lisa Atkinson (Maxwell) and Kyle Frantzeskou (Oxford) were lead coaches on the 12 year old camps.

Team Manager Courses

Looking at planning a TM 1 & TM 2 in Bicester during January. Provisional dates, TM1 14th January & TM 2 25th January, awaiting for venue confirmation.

Young Volunteers Programme

Thank you to Aylesbury & District SC for allowing the young volunteers to undertake their TK practical at their club championships – very much appreciated. Fantastic, welcoming environment.

Referees meeting

Proposed date - 5th March

Oxford Network

Rosa Gallop is working with clubs around Oxford to set up a network, meeting taking place on 13th December, 2.45pm, Leys Pool, Oxford, to discuss setting up a network. Invites have been sent out from Amanda (City of Oxford SC) and Paul (Abingdon Vale SC).